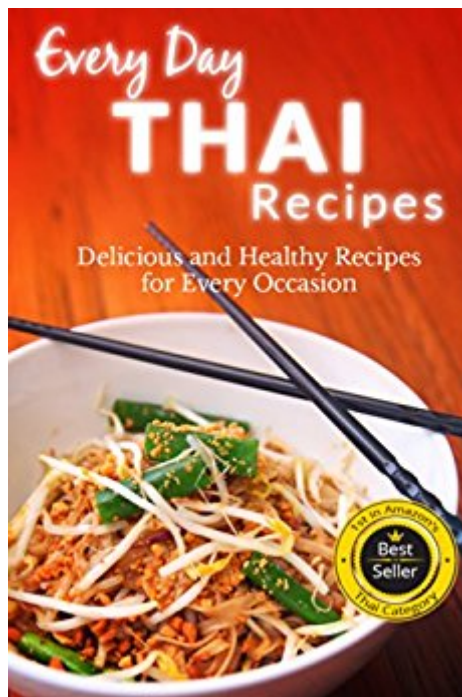




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Thai Recipes: Flavor Filled Thai Recipes For Everyone (Everyday Recipes)



Synopsis

Thai cuisine is one of the most popular and trendy ethnic foods because of its unique flavor profiles and powerful ingredients. Balancing sour, sweet, salty, and bitter flavors creates a meal that is complex in flavor while satisfying everyone's needs. Thai cuisine has gained popularity quickly in part because it is meant to be enjoyed in a group, making it a fun experience that evokes a festive atmosphere. Eating alone in Thai culture is even considered to be bad luck, making the group experience all important. Sharing a wide variety of dishes is what truly makes Thai cuisine unique, and the balance of flavors between the many dishes is very important. There are many complex flavors and ingredients that are completely unique to this cuisine, and how they are combined to create balance and complexity is extremely important. What's the best way to start cooking these wonderful Thai foods? With Every Day Thai Recipes of course! Information teaching you about the rich history behind Thai food as well as common ingredients and the health benefits of eating Thai dishes is just the start. Learning how to make a variety of Thai and Thai inspired dishes can open up a whole new world of cooking for you. So grab your apron, and remember, look in the back for the secret Golden Canary ingredient!

Book Information

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Customer Reviews

I have never cooked any Thai food until recently, and I'm so glad I started! My boyfriend traveled to Thailand last year and told me how amazing Thai food was. He's brought us out to Thai restaurants and I fell in love with the food right away! I decided to bring some Thai dishes into our home and this was the perfect book for me. I loved the background history of Thai food and culture and it really helped me understand the culture a little bit better. Definitely recommend this book and Thai food in general!

As a lover of Thai cuisine, this was a must have for me. I enjoyed learning about what influences Thai food (historically and recently). I think readers will also appreciate that this author dissects key ingredients (like galangal) and how they work in food and how they work in your body. The coconut chicken soup was phenomenal. I'm excited and inspired to try more! I don't see this much variety at my favorite Thai restaurant...

I had Thai food once in a restaurant and I loved the meals. I've always wanted to cook the meals myself. I highly recommend this to anybody who is fascinated by Thai meals. The recipes are clear and I had an easy time following them. This is good work and I highly recommend it to everyone who loves Thai meals.

There was a great variety of recipes and I really enjoyed the ones I tried. Look forward to trying the rest of these and making some more healthy meals for my family. The intro was also extremely interesting.

I bought the kindle edition. The book has zero history or Thai cooking or culture. Recipes look good, the entire preface is about the paleo-diet. Nothing about that was in the description. The table of contents is for some vegan comfort food book. few recipes, though they look good and easy.

The cooking instructions look very easy. I'll have to buy some ingredients (only a few) that I don't have in my cupboard. This will be my first time making Thai food, but I'm looking forward to it! I highly recommend this cookbook. I must have 30 cookbooks! This one was an instant favorite!

I really love Thai food and this book has a ton of delicious recipes of the Thai sort. Great book, short but if you want some recipes on your kindle while you cool--it's a good start.

I really like how easy the recipes are and taste great. A must have for that special dinner. Great for that special dinner or everyday cooking.

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